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Celebrating the first
stirrings of spring

Saturday 1 Feb 2014
7.30pm

soup and pud
poetry & music

The Long Barn, Roselidden Farm
TR13 0PT

£12/person
Bring your own drink

To book: Peter on peter@roselidden.co.uk
or Karen on karenrobson451@gmail.com

Soup and Pud – Music and Poetry

A Convivial Evening

The Long Barn at Roselidden

1st February 2014, 7.30pm

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Parsnip and Ginger Soup

A winning winter combination,
with just a touch of cardamom, cumin and cayenne!

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Kale and Lentil Soup

An earthy, nutty soup packed full of vitamins and minerals
to replenish your reserves after the winter festivities

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Homemade Sourdough Bread

It's amazing what flour, water and a little salt can do with a little help!
Sliced, fresh from the oven, or toasted with a little olive oil if you prefer!

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Winter Fruit Salad and Vanilla Cookies

An old fashioned favourite. With honey and a dash of spice

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Relaxing Teas

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Irish music from the Falmouth Session Players

Poetry Books

to read to yourself or recite aloud if it takes your fancy